

District Conference Speakers

May 14-16 our district will meet in the Raddison Hotel and Convention Center in Green Bay. Here are three of the speakers you will hear:

John Shier

John Shier is a Registered Nurse with a message: "Live Long, Die Healthy." Shier, a former Navy intelligence officer, college professor and business executive, made a drastic career change at age 60. Nearly 15 years later, Shier is known in many circles simply as "that nurse guy."

His message of good health habits have encouraged corporate executives, nursing students, truckers and anyone else who will listen to "live long and die healthy."

His message will resonate with Rotarians at the 2010 District Conference as Shier challenges audience members to live well into their 90s. The first step in maintaining health is learning and understanding more about it, because nobody cares about your health more than you!

Shier's program describes modern medicine as a "sickness-care" system, not a true "health-care" system as few of the billions of dollars spent on medical care go to maintain health. It's a system designed around cures, not prevention.

The challenge of living in good health falls to each individual. Through personal life-style decisions, each of us can take responsibility for preserving our health and improving our quality of life for the full lifespan of 90 or more years, said Shier.

Shier's message is simple to understand, yet difficult to achieve. In the 21st Century, more than ever before, patients and physicians must become partners, working together and sharing knowledge. Together we can transform the American "sickness care system" into a true "health care system." The new system will focus not only on curing the sick but also on preventing disease and maintaining health.

"That Nurse Guy" is certain to change the way you think about health care and your own approach to health and happiness. (He is also the funniest speaker you will hear this year. Just wait until he tells you the best way to die!! You will be quoting it to friends for months.)

www.thatguynurse.com

Oneida Nation

Long before Brett Favre, Bart Starr, and Vince Lombardi, a different kind of champion called the land now known as Green Bay their home - the Oneida Tribe of Indians of Wisconsin.

From their humble roots as hunters and gatherers through a period of great turmoil where wars, disease, and society forced them from their land the Oneida Tribe has managed to endure and today stands as a testament to the perseverance and hard work in northeastern Wisconsin.

Hear their story as members of the Oneida Nation present the highs and lows of a society often overlooked. It's a story of struggle, prejudice and pain. Yet, the Oneida Nation has empowered themselves to rise above the perils of the past and forge a future that combines modern society with their rich cultural history.

www.oniedanation.org

Green Bay Packers

No conference in Green Bay would be complete without an appearance by members of America's favorite professional football team - The Packers.

Sit back and enjoy stories, insight and some plain old-fashioned fun as members of the Packers address Rotarians during the 2010 District Conference.

For more information, see the conference web site - <http://www.catchtherotaryball.org/>



Reasons to Attend the 2010 District Conference

- **Numerous Break-Out Sessions: Great Topics, Great Speakers**
- **Lambeau Field Hall of Fame & Stadium Tour (Friday Afternoon)**
- **Golf at Thornberry Creek: \$25 or \$50 (Friday Afternoon)**
- **Radisson Hotel Accommodations for only \$99/per night**
- **Semi-Formal Ball-2nd Level @ Lambeau Field (Saturday Night)**
- **Key Note Speaker from the Packer Organization**
- **Opportunity to network and learn about Rotary in our District**
- **Showcase your business by sponsoring a piece of the conference**
Check out our website: www.catchtherotaryball.org

**Updates, chances to win prizes and online registration for the
May 14-16 2010 District Conference!**

